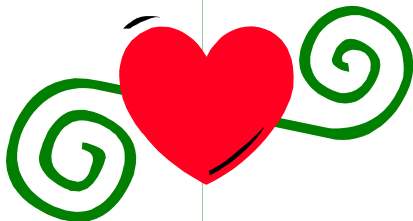



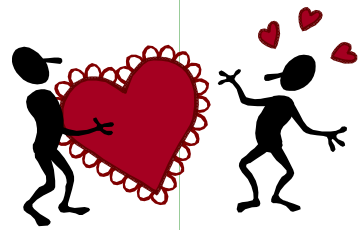


FEBRUARY 2012

MON TUE WED THU FRI

		1 Macaroni & Cheese 6 ★ Tomato Soup 2 ★	2 BBQ Pork Sliders 7 ★	3 Stuffed Pasta Shells 6 ★
6 Quadco Closed Staff Inservice 	7 Baked Cod w/Vegetable 2 ★ Stuffed Green Pepper Soup 2 ★	8 Asian Salmon Salad 4 ★	9 Chicken BBQ Wrap 7 ★	10 Grilled Turkey w/Swiss & Honey Mustard 5 ★
13 Beef Fajita 6 ★ Chili Soup 2 ★	14 Baked Potato w/Chili & Cheese 6 ★ 	15 Turkey Rueben 6 ★	16 Baked Chicken Breast 4 ★ Mashed Potatoes 2 ★	17 Scalloped Potatoes & Ham 5 ★
20 Quadco Closed Presidents' Day 	21 Sweet & Sour Chicken w/Rice 7 ★ Cream of Broccoli Soup 2 ★	22 Pancakes 4 ★ 2-Turkey Sausage Links 3 ★	23 Pork Loin w/Stuffing 7 ★	24 Beef Taco 5 ★
27 Chicken Enchilada Casserole 7 ★ 7-Bean Medley Soup 2 ★	28 Beef & Penne Casserole 6 ★	29 Hot Chicken Sandwich 6 ★		

DAILY ALA CARTE CHOICES

All Sandwiches Served on Wheat Buns or Wheat Bread

- Cheeseburger (6 ★)...\$1.50
- Turkey Burger (6 ★)...\$1.75
- Grilled Chicken Breast (5 ★)...\$1.75
- Garden Burger (5 ★)...\$1.50
- Ham (Subway® Restaurant Style) (5 ★)...\$1.75
- Turkey (Subway® Restaurant Style) (4 ★)...\$1.75
- Grilled Cheese (4 ★)...\$1.00
- Fish (5 ★)...\$1.75
- Grilled Chicken Salad (4 ★)...\$2.75
- Wheat Burrito (6 ★)...\$1.50
- Chicken Quesadilla (5 ★)...\$1.50
- Chicken Taco (5 ★)...\$1.50
- Wheat Pizza (6 ★)...\$1.50
- Baked Potato w/ Fat Free Cheese & Reduced Fat Sour Cream (4 ★)...\$1.00
- Light Salad Dressing 2 tbsp. 2 ★
- Red. Fat Sour Cream 2 tbsp. 1 ★
- 1 Slice of Cheese 2 ★
- 5-Day Meal Ticket.....\$17.50**